DEALING WITH THE SPIRIT OF ANGER, RESENTMENT AND BITTERNESS

James 1:19 Therefore, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath;

Psalm 30:5 For His anger endureth but a moment, and in His favor is life; weeping may endure for a night, but joy cometh in the morning.

Ephesians 4:26 Be ye angry, and sin not: let not the sun go down on your wrath, 27 neither give place to the devil.

31 Let all bitterness and wrath and anger and clamor and evil speaking be put away from you, with all malice; 32 and be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ’s sake hath forgiven you.

Deuteronomy 32:48 And the Lord spoke unto Moses that selfsame day, saying, 49 “Get thee up into this mountain Abarim, unto Mount Nebo, which is in the land of Moab that is opposite Jericho, and behold the land of Canaan, which I give unto the children of Israel for a possession. 50 And die on the mount whither thou goest up, and be gathered unto thy people, as Aaron thy brother died on Mount Hor and was gathered unto his people, 51 because ye trespassed against Me among the children of Israel at the waters of Meribah-Kadesh in the Wilderness of Zin, because ye sanctified Me not in the midst of the children of Israel. 52 Yet thou shalt see the land before thee, but thou shalt not go thither unto the land which I give the children of Israel.”

Numbers 20:8 “Take the rod, and gather thou the assembly together, thou and Aaron thy brother, and speak ye unto the rock before their eyes; and it shall give forth his water, and thou shalt bring forth to them water out of the rock: so thou shalt give the congregation and their beasts drink.” 9 And Moses took the rod from before the Lord, as He commanded him. 10 And Moses and Aaron gathered the congregation together before the rock, and he said unto them: “Hear now, ye rebels! Must we fetch you water out of this rock?” 11 And Moses lifted up his hand, and with his rod he smote the rock twice; and the water came out abundantly, and the congregation drank, and their beasts also. 12 And the Lord spoke unto Moses and Aaron: “Because ye believed Me not, to sanctify Me in the eyes of the children of Israel, therefore ye shall not bring this congregation into the land which I have given them.”

STATEMENTS OF FACTS

Anger, Bitterness and Resentment is tearing Believers apart like wild lions.

You meet someone for the first time and their voices are raised against you, and you wonder if you have ever met.

The way and manner some people talk, shows there is a spirit of wilderness operating in their life.

They are not gentle in approach.

They are not gentle in their speech.

They are combative no matter the place, location and environment.

They are ready for a fight at every opportunity.

There are offensive and defensive.

These acts of Anger, resentment and bitterness are very common even when are engaged in talks with each other.

Anger is an act of provocation.

We can learn from God the story of Moses’ anger to teach us lessons.

The anger of Moses caused him after God used him to break  the bondage of 430 years from a nation.

However, his anger, could not enter the Promised Land.

Ephesians 4:26-27, ”Be ye angry, and sin not: let not the sun go down upon your wrath: Neither give place to the devil.”

WHAT IS ANGER?

Annoyance

Irritation

Fury

Rage

Antagonism

Wrath

Infuriate

Aggravate

Enrage

Madden

Exasperate

Provoke

Riling

RESENTMENT

Dislike

Hatred

Antipathy

Offence

Hostility

Ill feeling

Ill will

Loathing

Distaste

Repulsion

Disgust

Detestation

BITTERNESS

Acrimony

Unpleasantness

Cynicism

Unfriendliness

Spite

Bad temper

TYPES OF ANGER, BITTERNESS AND RESENTMENT

1. Holy Spirit inspired anger, bitterness and resentments:  Holy anger is achieved when it is used to solve spiritual matters and problems. We find out that there was an anger of God in destroying the Sodom and Gomorrah; against Pharaoh and Egypt, Goliath and the Philistines, the Children of Israel in the wilderness. It is hating sin and and demonic ways of life with holy madness and anger with resentment. Prompting one to take decision and right what is wrong.
2. The anger, resentment and bitterness orchestrated by the devil.
	1. These are sins to God committed for the purpose of pride, impatient, strife. Bible explain to us the story of Jezebel and Delilah. Jezebel, King Ahab against Prophet Elijah and Naboth
	2. These set of people has a destructive anger that is done for the purpose of oppression, humiliation, destruction.
	3. Anger, bitterness and resentment can best be demonstrated in words or actions.
	4. These are nasty attitudes that most people exhibited and are battling with in their various circle of life.
	5. A lot of people have problem speaking in the pubic.
	6. Some don’t just know how to express good words to people in a calm way.

SIGNS OF THE SPIRIT OF ANGER, BITTERNESS AND RESENTMENT

1. When you just flare up in a small matter, you have the spirit of anger.
2. When you don’t want people to advise you on your mistakes, then you have the spirit of anger.
3. When you choose cheap words to penetrate into people angrily, you are inviting the fruits of anger and bitterness.
4. When the spirit of anger get hold of person, it can make you to curse people who are important in your life.
5. The ability to raise up your voice at others without self-control, it is the spirit of anger and resentment.
6. Do you easily take offence over any issue.
7. When a person grabs another person and start to fight.
8. When one gets annoyed with God for not answering his or prayers.
9. When to insult and abuse elders or those that are e her as punching bag just as that picture.  Some Christians are not believers until the fruits they possess is fully in checked. It is difficult to fulfil your aim in life when your head is always hot, whether you are guilty or not. An angry believers will remain in sin. Are you easily provoked? If you do, ask God to help you today. Undo any wrong decision(s) taken in your angry state and keep a cool head As a Christian, God expects us to avoid the spirit of anger so that he can work without life. God bless.

The irony of these spirits is that you will not know the kind of destruction you have done until your head cools down.

1 John 4:1, “Beloved, believe not every spirit, but try the spirits whether they are of God . . .”

EFFECTS OF THE ELEMENTS OF ANGER, RESENTMENT AND BITTERNESS?

They destroy our relationship with God.

They blocks our prayers from reaching the throne of God.

They hinders our prayers from being answered.

They dents our salvation.

They can destroy your marriage.

They works against the labour of your hands.

They can make people to flee from you.

They sends a signal to your man or woman that you are not a responsible person.

They results to serious fighting and quarrel between a man and a woman.

They blocks God’s blessings.

They chases away customer in your business.

They chases away helpers

They leads to abusive and insulting words.

They can force you to do a very deadly thing when any or all of these spirits takes over your head.

They can force a woman to do evil against her husband.

They can cause a man to beat up his wife mercilessly.

They can force you to divorce your partner.

They can makes someone to lay a deliberate curse upon his or her partner.

Anger, resentment and bitterness is like pregnancy they cannot be hidden from public view no matter how much you try to conceal it.

When a woman refuses to deal with the spirit of anger, it will follow her throughout the journey of her marriage.

When a man refused to deal with the spirit of anger, resentment and bitterness, his family will be in danger of disunity, sorrow, pains and death.

When a husband and wife has same spirit of anger, the after effects are better imagined than felt.

The spirits of anger, bitterness and resentment are destructive and the leave tales of woes in their tracks.

They are spirits of witchcraft.

They creates bad and evil and satanic attitudes.

They create evil consequences.

These spirits can go on forever.

These spirits can be pass from generation to generation.

WHAT CAN BE DONE TO DESTROY THIS SPIRIT OF ANGER, BITTERNESS AND RESENTMENTS

1. Surrender your life to the Lord Jesus Christ.
2. Confess and repent of all past sins and ask God to forgive you.
3. Please the blood of Jesus upon your character, attitude, mind and thoughts.
4. Learn to forgive people.
5. Love people.
6. Uproot the spirit of anger, bitterness and resentment from your body, soul and spirit.
7. Stop focusing your mind so much on the person’s mistakes.
8. Take away pride and nagging spirit from you.
9. Be happy to associate yourself with people.
10. Read the word of God.
11. Get rid of hatred and wickedness.
12. Apologize on time when you are wrong.
13. Don’t judge people.
14. If you are seriously at a loggerhead with anyone, kindly stay away from that person for some time until tempers cool and you ask for forgiveness.
15. See your own fault in issue.
16. Learn not to shift blames on others.
17. Take responsibility for your actions or inactions.
18. Never project the quest for vengeance.
19. Let the Holy Ghost direct your mind and thoughts on all issues.
20. Be strong in the Lord and the power of His might.
21. Take charge of your thoughts, minds, character, habits, attitudes and attributes.

Philippians 4:7 And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus. 8 Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report, if there be any virtue and if there be any praise, think on these things. 9 Those things which ye have both learned and received and heard and seen in me, do; and the God of peace shall be with you.

PRAYER POINTS

Every sins of anger, bitterness and resentments in my life, die, in the name of Jesus.

Blood of Jesus cleanse and forgive me of my sins of anger, bitterness and resentment, in the name of Jesus.

Mercy of God overshadow me and deliver me from the sins of anger, bitterness and resentments, in the name of Jesus.

O Lord God my Father, every in-born spirit of anger, bitterness and resentment in my life, take it away from me, in the name of Jesus.

Whatever the spirit of anger, bitterness and resentment have destroyed in my life, O God, begin to repair it by Your mercy, in the name of Jesus.

Lord Jesus, the Prince of peace, settle in my mind and heart, in the name of Jesus.

Destructive powers attacking my brain and mind, die by fire, in the name of Jesus.

O Lord by your power, mercy and love, are and reform my character totally, in the name of Jesus.

O God arise, break me and remould me again after your purpose and will, in the name of Jesus.

Every arrow of anger, in my life, backfire, in the name of Jesus

Every spirit of resentment, be destroyed by the power in the blood of Jesus

Provocative anger, your time is up, get out of my head, in the name of Jesus.

Every power that want me to destroy my blessings by myself, die, in the name of Jesus.

Satan plan to pollute my character through hatred, be destroyed by the fire of the Holy Ghost, in the name of Jesus.

Lord Jesus, deliver me from the oppression of bitterness, in the name of Jesus.

I release myself from every hot temper spirit, in the name of Jesus

O Lord, create in me a clean and pure heart, in the name of Jesus.

Holy Spirit of the living God, stop me from uncontrollable fit of anger and bitterness, in the name of Jesus.

Powers assigned to annoy me, I stop you now by fire, in the name of Jesus.

O God arise, do not allow evil thoughts to control my life, in the name of Jesus.

O Lord, those that my anger has offended in my past, forgive me, in the name of Jesus.

Holy Spirit, arrest my spirit and clear it of the loads of hatred, in the name of Jesus

Every demon of Delilah assigned to make me uncontrollable, die, in the name of Jesus.

O Lord, cool my temper by the blood of Jesus, in the name of Jesus.

Anyone or organisation using my weakness against me, O God arise, correct and rectify it by fire, in the name of Jesus

O Lord by your mercy, let Your holy anger cool my spirit, in the name of Jesus.

Every spirit of pride in me, I break your backbone, in the name of Jesus

Every spirit of anger and resentments in my life, expire, in the name of Jesus

Blood of the Lord Jesus Christ cleanse ever bad attitude and character in me, in the name of Jesus.

Evil stranger, come out of my head, my mind, my thoughts, in the name of Jesus.

Every inherited anger from my foundation, break by fire, in the name of Jesus.

The spirit of anger hunting my marriage, be destroyed by fire, in the name of Jesus.

You spirit anger, bitterness and resentment, your time is up, come out of my life now, in the name of Jesus.

My career, ministry, marriage shall not break or suffer because of my hot temper, in the name of Jesus.

Every mission of the enemy to make me lose my job, you are a liar, scatter by fire, in the name of Jesus.

By the saving grace of the Lord Jesus, I repent from all bad attitudes today, in the name of Jesus.

I convert my bad anger into a holy anger, in the name of Jesus.

I decree my mouth shall not put me in trouble and lead me into trouble, in the name of Jesus

Every power assigned to manipulate my mind whenever I speak, I bind and cast you out of my life, in the name of Jesus.

I decree, I shall not use my mouth to scatter the blessings of God for my life, in the name of Jesus.

Every fruit of anger, bitterness and resentment causing me to smell in the nostril of my helpers, die, in the name of Jesus.

Every wicked act done deliberately against any person in order to win them, be destroyed, in the name of Jesus.

Every spirit of impatient in my life, die, in the name of Jesus.

Spirit of pride in my life, break and scatter by fire, in the name of Jesus.

I declare, I shall not destroy my destiny with my hot temper and strife, in the name of Jesus.